When should you see your dentist?

Ask your dentist how often you should see them for a check-up.

Go to your dentist straight away if:

- you have pain in your mouth
- your gums are bleeding
- you have sores, lumps or any patches that are a different colour in your mouth
- If you are worried about your mouth for any reason.
Which dentist can you see?

You can go to a public or private dentist.

You can go to a public dentist if you have a:
- healthcare card
- pension concession card.

If you are a client of a disability service, you will not have to pay at a public dentist.
You may need a letter from your disability service. This letter will tell the dentist that you are a client of the disability service.

How can you find a public dentist?

Go to: [www.dhsv.org.au](http://www.dhsv.org.au)
Call us:
Melbourne metropolitan: 1300 360 054
Outside Melbourne metro: 1800 833 039

How can you find a private dentist?

Look in the Yellow Pages under ‘Dentists’.

Go to the Yellow Pages website: [www.yellowpages.com.au](http://www.yellowpages.com.au)