



dental health
services victoria
oral health for better health

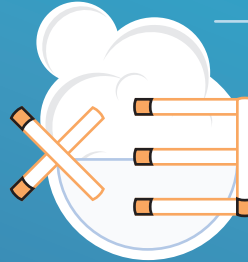
5 Facts

About Vaping & Oral Health



Vaping can harm your oral health and increase your risk of tooth decay.

Vaping irritates your mouth and has been associated with dryness and changes in the makeup of bacteria in your saliva increasing your risk of tooth decay.



People who use e-cigarettes are 3 times more likely to start smoking tobacco.

Vaping can act as a gateway to tobacco smoking – a known risk for gum disease and oral cancer.



E-cigarettes can explode causing traumatic mouth and facial injuries.

More people are being injured by e-cigarette explosions that can cause facial burns and tooth loss.



Some e-cigarette solutions taste sweet making them appeal to children.

Flavours like fruit loops, cola ice and fairy floss make e-cigarettes more appealing to children and teenagers.



E-cigarettes can contain up to 200 toxic chemicals.

Some e-cigarettes contain chemicals that are not listed on the label, including nicotine which is highly addictive.

Know the facts.

Stop vaping today.

Quitline 13 78 48

**Contact Quitline 13 78 48
or online at quit.org.au**