



Suggested oral health story books

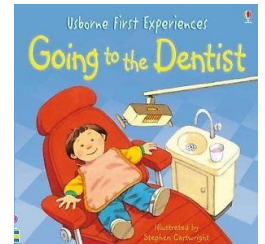
For early childhood services

These are just a few suggestions for books that will help you to introduce discussions with children about the importance of teeth and how to look after them.

You can also talk to your local librarian or book shop for more ideas.

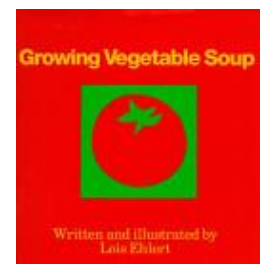
Going to the Dentist – Usborne First Experiences

The book introduces children to the experience of going to the dentist in an amusing and friendly way. There is a little yellow duck hiding on every page for the children to find.



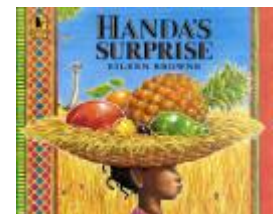
Growing Vegetable Soup – Lois Ehlert

A father and child grow vegetables and then make them into a soup. The recipe is included.



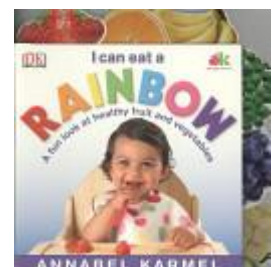
Handa's surprise – Eileen Browne

Handa puts seven different delicious fruits in a basket to take to her friend Akeyo as a surprise. But Handa's walk takes her past a variety of animals, and the fruits do look very inviting.



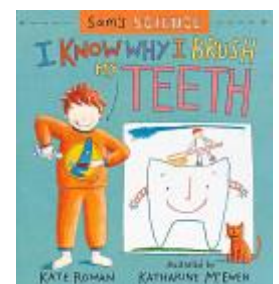
I can eat a rainbow: a fun look at healthy fruits and vegetables – Annabel Karmel

This book teaches children how to eat healthily by enjoying a 'rainbow' of food, from purple plums to red apples to greens like spinach and celery.



I know why I brush my Teeth – Kate Rowan

Why is brushing your teeth so important? Sam knows, and with a bit of help from his Mum, he's going to tell you all about looking after them – whether they're baby teeth or big ones?



dental health
services victoria
oral health for better health

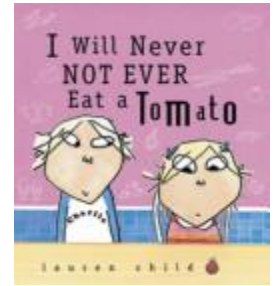
healthy families
healthy smiles





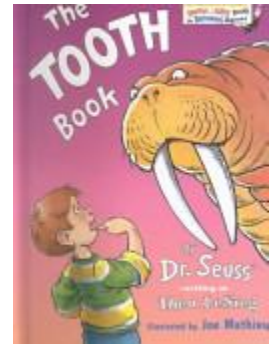
I will never not ever eat a tomato – Lauren Child

A book named Charlie dreams up inventive ways to get his fussy sister, Lola, to eat her vegetable and other foods she likes to refuse.



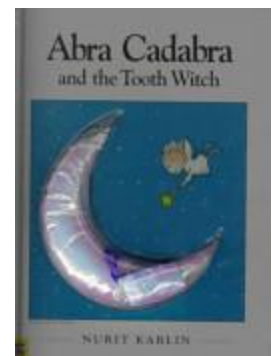
The Tooth Book – By Dr. Seuss (writing as Theo. Lesieg)

In this jaunty rhyming tale, Dr. Seuss takes a hilarious look at teeth, where to find them, what we do with them and how to look after them!



Abra Cadabra and The Tooth Witch - Nurit Karlin

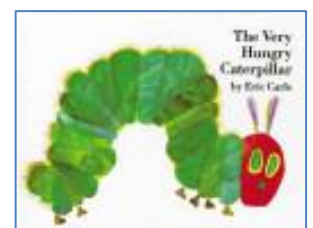
An apprentice witch who is assigned to help the bungling old Tooth Witch is magically transformed into the Tooth Fairy.



The Very Hungry Caterpillar – Eric Carle

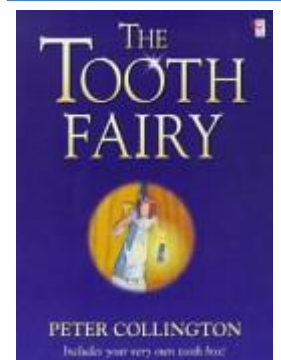
This classic story begins one sunny Sunday, when the caterpillar was hatched out of a tiny egg. The book tells the story of a hungry little caterpillar's progress through an

amazing variety and quantity of foods.



Tooth Fairy - Peter Collington

Have you ever wondered where tooth fairies live? Do you sometimes puzzle over where they get their money from? And what DO they do with all those teeth? All is revealed in... The Tooth Fairy.



dental health
services victoria
oral health for better health

healthy families
healthy smiles

