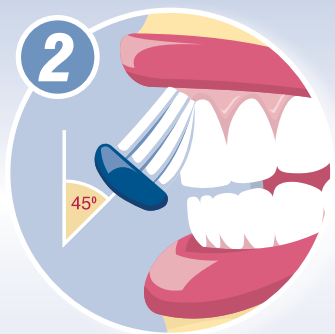


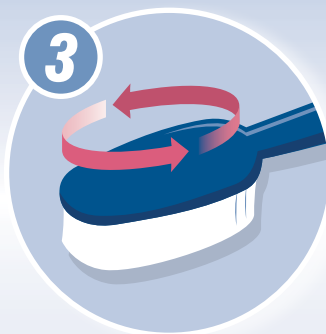
How to brush



1
Use a pea-sized amount of toothpaste.



2
Aim the toothbrush at an angle towards the gum line.



3
Use a gentle circular motion.



4
Repeat on the inside surfaces.



5
Use a light back and forth motion on the chewing surfaces.

Denture care

- Clean dentures with a denture brush or toothbrush, mild soap and water over a soft towel or half filled hand basin.*
- Clean all surfaces to remove plaque and food debris.*
- Store dentures in a container of water overnight.*

